

NAWIC *Builds*

CHAPTER #96 NEWS & ANNOUNCEMENTS

April Meeting Recap - Escape Room Team Building

During the April member meeting, a dozen members and guests tested their teamwork and problem-solving skills in two Escape rooms at Exodus Newark, DE. The group split into two teams: one team was locked in the Sherlock Holmes-themed room and the other in the Game room. Each team had one hour to solve a series of clues to unlock the key to escape. Despite their valiant efforts, neither team managed to escape their room within the hour, however a good time was still had at this challenging and fun event!

Next Board Meeting

Tuesday, May 2

5 p.m.

TBD

Next Member Event

What: Industry Appreciation

When: Tuesday, May 9

Where: Ed Oliver Golf Club, 800 North DuPont Road, Wilmington, DE 19807

Cost: \$60 per person

To RSVP: mksutter@bancroftusa.com



NAWIC members and guests at the April member meeting, which was a team building event at Exodus Escape Rooms.



More information about Industry Appreciation Dinner sponsorships can be found [here](#)

Our NAWIC chapter has joined up with a variety of other women's associations to sponsor an evening of networking for all women! Click [here](#) for more details!

NORTHEAST SPRING FORUM APRIL 28-30

Northeast Spring Forum will be held April 28-30 near Boston, MA! Join other NAWIC members from our region and across the country as we continue to encourage and grow in the "Wicked Awesome" city of Boston, building Boston Strong. In Mayor Walsh's words, "'Boston Strong' is our city's resilience and spirit that carries us forward..." NAWIC members will continue to **Encourage and Grow with Resilience and Spirit**. NAWIC's very own Executive Vice-President, Dede Hughes, will be in attendance! This will be her very LAST forum and we couldn't be more thrilled to have her with us!

[Forum Registration](#)

[Tentative Agenda](#)

[Forum Book Drive](#)

AMEC AUGUST 16-19

Registration is open for [AMEC!](#) NAWIC's 62nd Annual Meeting and Education Conference will be held in sunny Anaheim, CA on August 16-19. Join NAWIC members from all over the country for a variety of seminars and workshops to enhance your success professionally and personally. Your days are filled with networking and social opportunities, too! Better yet, watch our very own Catherine Schoenenberger be installed as NAWIC's 2017-18 NAWIC National President! If you're interested in being a chapter delegate please contact a member of our board.



MEET THE CANDIDATES FOR NATIONAL OFFICE

President-Elect

Dove Sifers-Putman, CBT

Vice President

Diane I. Mike, CBT

Secretary

Get ready for AMEC as we install our very own
Catherine Schoenenberger as NAWIC President!

TRAVEL SAFETY TIPS

With forums approaching or maybe a family vacation, it is always important as women to take notice of your surroundings and be careful when you are traveling alone. Here are some tips for thought:

1. Keep your keys ready

Even if it's a quick jaunt from your front door to your car, it's a good idea to keep your keys ready at all times. Hold on to them inside your pocket. Then, bring them out holding the proper key in position as you approach your car or front door. This will eliminate fumbling around in your purse for them outside, which will distract you from your surroundings.

2. Walk with confidence

Walk with confidence and purpose when you're out solo. Keep your head up and don't be afraid to make eye contact with those you pass. Walk at a steady pace and walk facing traffic to keep yourself visible. If you get lost, don't wander aimlessly. Keep your pace steady and head for the nearest store or restaurant to ask for directions.

3. Trust your gut

When out alone at night, your instincts are your best friend. If you are worried someone is following you, turn around. Let the person know you're aware of their presence. Don't head straight for your car or home, but go to a nearby store or restaurant, somewhere public and safe.

4. Carry a noisy friend

Keep some kind of noisemaker on your keychain or pinned to your jacket. A personal alarm or whistle can be used to let those around you know when something is wrong.

5. Know what to do in the worst-case scenario

A woman's best defense against an attack is awareness and action. If you are faced with an uncomfortable or dangerous situation and you can escape, do so immediately. Only you can determine what you can or will do when faced with an attacker. Self-defense moves and tips can be found from various web sources, or through community self-defense classes.

6. Avoid struggling with lots of bags

Struggling with five different bags at night as you make your way into the house can be a fact of life, but you should avoid it whenever possible. Multiple bags can prevent your ability to react quickly should a dangerous situation arise.

7. Avoid hiding spots

Parked cars, dark alleys and unlit corners of parking garages are all places that you should avoid when you're out alone. Keep yourself in visible places on the sidewalk or street as much as possible.

8. Keep walkways clear

In the winter, it's important to make sure any pathway from your car to your door is clear of ice and snow. Shovel the areas regularly and keep a container of sand, non-clumping cat litter or ice melt handy to control any icy situations. Keeping an extra container in your trunk is a good idea for any ice you encounter away from home.

9. Choose your footwear wisely

Those leather pumps may look fantastic, but they won't provide the secure footing you

need, especially in the winter when ice and snow are a factor. Choose footwear that is comfortable, such as runners. If necessary, wear one pair of shoes to the office and bring your indoor footwear in a bag.

LOCAL & INDUSTRY NEWS

[Breaking Down Gender Bias in the Construction Industry](#) *Green Building Advisor*
[Women in Construction: Ask for What You Want](#) *Engineering News-Record*

CHEERS

- Three people are celebrating NAWIC anniversaries this month:
 - Veronica Kriss of Kriss Contracting, Inc. has been a member for 36 years
 - Carol Puleo of Tyco/SimplexGrinnell has been a member for 3 years
 - Alexis King of J&G Building Group has been a member for 2 years
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