



January 2019 Newsletter

Thank you for being a subscriber to NAWIC Chapter #96's newsletter! We hope you find our monthly information interesting & helpful. For more, you can always visit our website.

Click here!

Upcoming Board Meeting

Date: Tuesday, February 5, 2019 Time: 4:30 p.m. Location: TBD

Board meetings are typically held the first Tuesday of every month, unless otherwise specified. Members are welcome to attend.

Upcoming Events

What: Block Kids Competition Date: Saturday, February 2, 2019 Time: 9 a.m. Location: Hodgson Vo-Tech High School, 2575 Glasgow Ave, Newark, DE 19702 Cost: FREE

Join us for the 25th anniversary of our popular Block Kids Competition! Students in grades 1-6 will use everyday objects to build something related to the construction industry. Local professionals volunteer as judges to choose winners in each grade. If you're interested in volunteering as a judge, please email <u>Imassimini@nickle.email</u> or if you would like to be a sponsor, please email judy.pieper@mdavisinc.com

Chapter Committee Reports

Emerging Professionals - Leah Curran

NAWIC's Emerging Professionals Committee just started a Facebook page! Be sure to like their page <u>here</u>! If you have any ideas or suggestions for content, please share with our chapter's committee chair <u>Leah Curran</u>.

Professional Development & Education - Leah Curran

Did you know the American Psychological Association found that more than 50% of us check work email before and after work hours, throughout the weekend, and even when we're sick? Even worse, 44% of us check work email while on vacation! Use the New Year as an opportunity to establish healthy boundaries between our personal and professional lives! Take a quick break and enjoy <u>this 4-minute read</u> on how to set boundaries for a better work-life balance.





Cheers

• Janet Killian of Gemini Janitorial Services is celebrating 9 years as a NAWIC member this month

Local / Industry News

6 Ways Timid, Reserved Women Can Confidently Climb the Corporate Ladder Entrepreneur New 76ers Fieldhouse: A Slam Dunk for Delaware Construction Equipment Guide Her clothes keep female construction workers safe CNN

Announcements

WIC Week

Save the dates of March 4-8 for Women in Construction Week! We will be organizing a week's worth of events, fun, and more to celebrate. Keep an eye on our chapter website and this newsletter for details in the coming weeks.

NAWIC Chapter #96 | mail@nawicde.org | www.nawicde.org

STAY CONNECTED











Happy New Year!

